HUMAN NEEDS VS. HUMAN DESIGN:

MOVING FROM CHASING NEEDS TO FULFILLING PURPOSE

COURSE FORMAT
Online | Self-Paced

COURSE SYLLABUS

www.TheMIL.org

The Munroe Institute of Leadership (MIL) envisions a world where empowered leaders drive transformative growth and influence their communities through visionary leadership and innovative personal development programs.

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COURSE OVERVIEW

Human Needs vs. Human Design is a self-paced micro-learning course that explores one of the most important questions in personal growth and leadership: What truly drives human behavior?

Throughout the course, you will be introduced to the Six Human Needs framework popularized by Tony Robbins, examining how the needs for certainty, significance, connection, growth, contribution, and variety influence human decisions, relationships, emotions, and patterns of behavior. While these needs provide valuable insight into why people respond the way they do, the course challenges the idea that human beings are ultimately defined by their needs alone.

As you progress, you will begin to discover the limitations of need-based living. Human behavior cannot be fully explained simply by what people desire, lack, or pursue emotionally. Beneath every human need exists something deeper: human design.

This course introduces the Human Design Framework, helping you explore how identity, purpose, and potential provide a far more complete explanation for human behavior, personal direction, and long-term fulfillment. You will learn how to live more intentionally by understanding who you were designed to become.

Human Needs vs. Human Design is ultimately about shifting from survival-driven living to purpose-driven living, helping you better understand not only what motivates people, but what gives human life meaning, structure, and direction.

TIME COMMITMENT

This course is designed for flexibility and personal pacing. We recommend that learners dedicate **1–2 hours per day** to engage with the content.
This includes:

- **Coursework:** Teaching insights, structured content, and guided reflection
- **Application:** Practical exercises, journaling, and intentional decision-making activities

WHO SHOULD ENROLL

This micro-learning course is ideal for individuals seeking deeper clarity about their behavior, decisions, and direction.
It is designed for:

- Individuals who want to understand what drives their decisions
- Professionals seeking greater alignment between behavior and purpose
- Leaders who want to move from reactive to intentional decision-making
- Anyone ready to understand their needs through the lens of design

No prior coursework is required.

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WHAT YOU WILL LEARN

- Understand the **Six Human Needs** and how they influence behavior
- Recognize how internal motivations shape decisions, priorities, and leadership
- Identify the limitations of living primarily from need
- Understand how needs can function as signals of deeper design
- Explore the **Human Design Framework: identity, purpose, potential, growth, service, and legacy**
- Shift from reacting to emotional needs toward living with intention
- Apply design-based thinking to decision-making, growth, and contribution

WHAT YOU WILL EARN

- Greater awareness of what drives your behavior and decisions
- Clarity on the difference between needs, design, and purpose
- A framework for interpreting needs as signals rather than final destinations
- Practical tools for moving from reactive patterns to intentional living
- Increased confidence in how you prioritize, grow, serve, and lead
- A Certificate of Completion recognizing your commitment to intentional growth

COURSE SCHEDULE

UNIT 1: Understanding Human Needs
Introduces the Six Human Needs framework and explores how internal motivations influence behavior, decisions, relationships, goals, and leadership patterns.

UNIT 2: The Limitation of Need-Based Living
Examines why meeting needs does not always create lasting fulfillment and how need-based living can become very limiting.

UNIT 3: Introducing the Human Design Framework
Introduces a shift to the design framework and shows how human needs actually act as signals that point toward identity, purpose, potential, growth, service, and legacy.

UNIT 4: Living From Purpose Instead of Need
Brings the course together by helping learners understand how to live from the Human Design Framework and move from reaction toward alignment and long-term impact.

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FREQUENTLY ASKED QUESTIONS

WHAT TECHNOLOGY DO I NEED FOR THIS COURSE?
A computer, tablet, or smartphone to access lessons and course materials. A reliable internet connection (wired or wireless; 4G/5G recommended).

WHO IS THE IDEAL CANDIDATE FOR THIS COURSE?
Anyone seeking clarity about their behavior, motivations, identity, purpose, and life direction. This course is especially valuable for individuals who feel reactive, stuck, or uncertain about what is guiding their decisions.

DO I NEED ANY PRIOR KNOWLEDGE OR EXPERIENCE?
No prior coursework is required. This course is designed to support learners at all stages of their journey.

WHERE DOES THE COURSE TAKE PLACE?
All content is delivered online and can be accessed anytime, anywhere.

IS THIS COURSE SELF-PACED?
Yes. The course is fully self-paced, allowing you to progress according to your schedule.

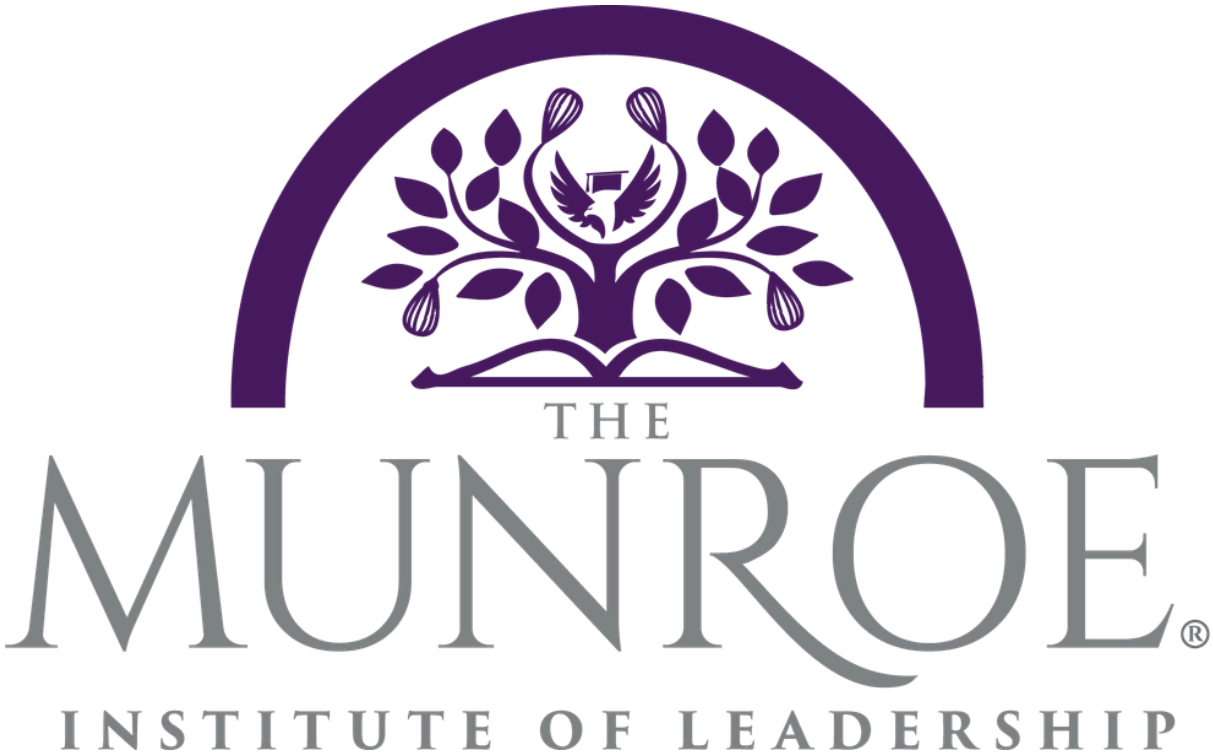
HOW IS MY PROGRESS ASSESSED?
Progress is measured through knowledge checks, reflection exercises, daily applications, and completion of guided activities within each unit.

HOW CAN I GET SUPPORT IF I HAVE QUESTIONS?
Email our team at admin@themil.org for technical or course-related support.

CONTACT US

Any questions? We're here to help. Please email us at **admin@themil.org**.

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