PURPOSEFUL PLANNING

Building Clarity, Alignment, and Consistent Execution

COURSE FORMAT
Online | Self-Paced

COURSE DURATION
OPEN

COURSE SYLLABUS

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The Munroe Institute of Leadership (MIL) envisions a world where empowered leaders drive transformative growth and influence their communities through visionary leadership and innovative personal development programs.

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COURSE OVERVIEW

Purposeful Planning is a self-paced mini-course designed to transform planning from a goal-setting exercise into an intentional practice of aligning your decisions, priorities, and actions with purpose.

Many people create plans around what they want to accomplish without first becoming clear about what deserves their time, energy, and attention. When circumstances change, pressure increases, or motivation fades, those plans can quickly lose direction.

This course introduces a different approach: **purposeful planning begins with alignment, not activity.**

Throughout the course, you will learn how to establish direction from purpose, plan across the different areas and seasons of your life, protect what matters when pressure arrives, and build structures that support consistent execution. You will also learn how to review your progress honestly, refine your plans without unnecessarily abandoning them, simplify competing priorities, and finish a season with greater focus and intentionality.

By the end of the course, you will not simply have learned how to create a plan. You will have developed a practical framework for living and leading with greater clarity, stewardship, and purpose.

TIME COMMITMENT

This course is designed for flexibility and personal pacing. Our recommendation is that learners dedicate **3–4 hours per week**, inclusive of:

- **Coursework:** Video lessons, lesson texts, and guided reflections within each unit
- **Application:** Planning activities, personal reflection, journaling, and real-life implementation of course principles

WHO SHOULD ENROLL

This mini-course is for individuals who want to become more intentional about how they plan, prioritize, and execute.

This course is ideal for those who:

- Want their goals and plans to reflect a clearer sense of purpose
- Feel overwhelmed by competing priorities, responsibilities, or opportunities
- Struggle to maintain consistency once motivation or circumstances change
- Want to make better decisions about where their time, energy, and attention belong
- Need practical ways to respond to disruption without losing direction
- Want to develop stronger habits of reflection, refinement, focus, and execution
- Desire a more intentional approach to planning across the different areas and seasons of life

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WHAT YOU WILL LEARN

- What purposeful planning is and how it differs from reactive or emotion-driven planning
- How purpose provides direction for goals, priorities, and decisions
- How to establish meaningful direction for a year or season
- How to plan intentionally across the different areas of your life
- How to recognize and protect foundational priorities when pressure arrives
- How to respond to disruption without automatically abandoning the plan
- How to structure your calendar and decisions around what matters most
- How systems, routines, and protected rhythms support consistent execution
- How to review progress honestly and recognize drift and avoidance
- How clarity, simplification, and strategic focus strengthen execution
- How to refine plans while protecting what remains aligned with purpose
- How subtraction and margin can protect meaningful priorities
- How accountability, discipline, and ownership contribute to a strong finish
- How purposeful planning develops into an ongoing practice of intentional leadership

WHAT YOU WILL EARN

- A practical framework for purpose-driven planning and decision-making
- Greater clarity around your responsibilities, priorities, and direction
- Tools for navigating disruption and changing circumstances without losing alignment
- Practical systems for weekly execution, consistency, and review
- A stronger ability to distinguish between what should remain and what should change
- Greater awareness of where your time, attention, and energy are being invested
- A completed **Purposeful Planning Blueprint** that develops throughout the course
- A Certificate of Completion from the Munroe Institute of Leadership

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COURSE SCHEDULE

MODULE 1: The Foundation of Purposeful Planning

Reframes planning as a practice of clarity, stewardship, and intentional leadership rather than an attempt to control the future. Establishes purpose as the foundation for goals and priorities, develops direction for the season ahead, and considers how planning should account for the different areas and seasons of life.

MODULE 2: Living Inside the Plan

Moves planning from intention into execution. Explores what happens when plans encounter pressure, how to protect foundational priorities, how daily decisions and calendars reveal what truly matters, and how intentional systems support consistency when motivation fluctuates.

MODULE 3: Refinement and Strategic Realignment

Develops the ability to evaluate progress honestly and strengthen plans through experience. Learners examine drift and avoidance, simplify unnecessary complexity, distinguish refinement from abandonment, protect non-negotiables, and use elimination and focus to create greater margin for what matters most.

MODULE 4: Finishing Strong

Brings the principles of purposeful planning together through consistent execution, accountability, discipline, and ownership. Learners establish recurring review rhythms, strengthen their ability to remain faithful through changing conditions, and explore how purposeful planning becomes an ongoing practice of self-leadership and intentional living.

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FREQUENTLY ASKED QUESTIONS

WHAT TECHNOLOGY DO I NEED FOR THIS COURSE?
A computer, tablet, or smartphone to access lessons and resources. Reliable internet connection (4G/5G or Wi-Fi recommended).

WHO IS THE IDEAL CANDIDATE FOR THIS COURSE?
Anyone seeking a more intentional and purpose-driven approach to planning, prioritization, decision-making, and consistent execution.

DO I NEED PRIOR KNOWLEDGE OR EXPERIENCE?
No prior coursework is required. This course is accessible to all learners.

WHERE DOES THE COURSE TAKE PLACE?
All content is delivered online through Genially and can be accessed anytime, anywhere.

IS THIS COURSE SELF-PACED?
Yes. Learners can progress at their own pace and revisit content as needed.

HOW IS MY PROGRESS ASSESSED?
Through knowledge checks, guided reflections, practical activities, and the progressive development of your Purposeful Planning Blueprint.

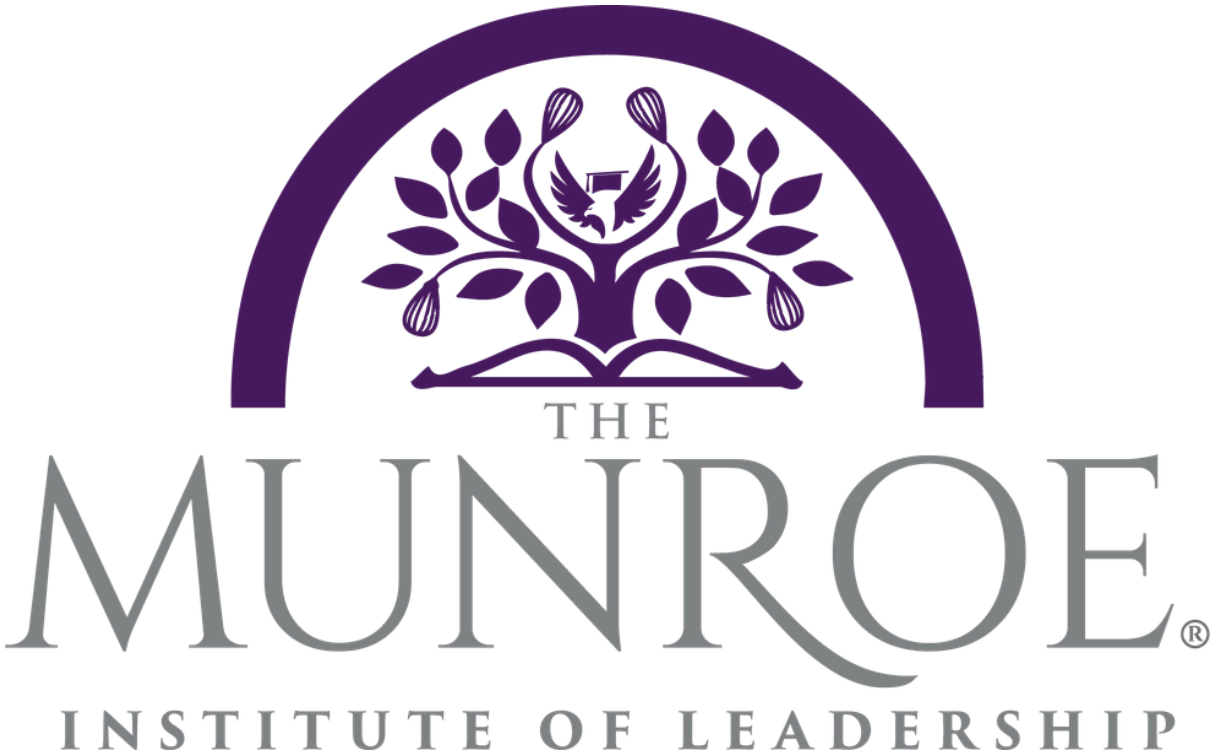
WILL I CREATE A PLAN DURING THE COURSE?
Yes. Throughout the course, you will progressively build and strengthen your Purposeful Planning Blueprint by applying the principles introduced in each module.

HOW CAN I GET SUPPORT IF I HAVE QUESTIONS?
Email our team at **admin@themil.org** for assistance.

CONTACT US

Any questions? We're here to help. Please reach out to us at **admin@themil.org.**

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